

the **Wheel**

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Letter from the Chair



Hello RBC Members and Friends!

Happy New Year! I hope everyone had a happy holiday season, and are set for your winter training plan. Hard to believe the spring season is just around the corner - time to hit Zwift or keep riding outdoors to prepare for the coming warm weather. A special shout out to Mike D and Tony N among others for keeping up a brisk winter ride schedule. If the cold gets you down, [click here](#) for some warm weather inspiration (Keep a sharp look out for some familiar faces in the crowd. [hint hint](#))

I am thrilled to report that Mike Dinsmore has stepped up to the plate to lead our 2024 Century (see welcome note from Mike below). Mike is starting to build a team to build on 40 years of progress and make this year's event the best ever. Please consider helping out - the Century is fundamentally what makes RBC a great community, and we need your help.

On Club business, Ted Ebert recently concluded a comprehensive review of our insurance coverage. Each year we spend around \$17,000 to protect the Club and members - by far the largest item in our budget (Wild Apricot, our membership platform, at about \$9,000 a year is our second largest expense). After forgoing many Zwift miles for research and phone calls, Ted concluded, and the Board endorsed, it made business sense to stay with our existing underwriter for 2024. Ted examined [USA Cycling](#) as an alternative, but they are still working out the details of their club insurance policy, and we decided this was not the year to make the switch. We intend to monitor the market in 2024, particularly as USA Cycling refines their offering, and re-look options at the end of the 2024 season.

In other change matters, you will notice a gradual roll out @restonbikeclub.org email for Club business. With the rotation of volunteers from year to year, knowledge transfer can be a challenge when Club business is done on personal email accounts. This move will strengthen the Club's governance and improve communications with the members and the community. The Board is also starting to look at options for a refresh of our website in the coming months - feel free to reach out if you have any comments, suggestions or most importantly, expertise in web development that you can share with the Club.

Wishing you warm toes and fingers in the coming weeks.

Cheers,

Chris

[Link to 2024 Liability Waiver](#)

If you plan to ride with RBC this year at any time (including the Century), you will need to sign the 2024 Liability Waiver. You only need to do this ONCE each year.

2024 Ken Thompson Reston Century Update from Century Coordinator Mike Dinsmore



Happy January, everyone. As you saw last month, I have accepted the role of Century Coordinator for the 2024 Ken Thompson Reston Century.

A little background on me: My entire career has been in customer service and the first rule in customer service is to always say "yes!" Then, figure out how to fulfill the "yes." Or as we say in the tool rental business "make it happen for our customer." Now it's time for me to make it happen for our Club.

Lucky for me, the many leaders and volunteers before me have left very detailed instructions and resources on producing our Century, so I won't have to reinvent the wheel.

The first document that caught my eye was titled "Yearly Tasks." This document details what needs to be done and when. For the month of January, our Treasurer, Laura Robinson, is doing the heavy lifting - confirming the date with Reston Town Center, applying for the permit with W&OD trail and renewing club insurance, to name a few.

My task for January is to fill some key volunteer positions. The main one is **Volunteer Coordinator (email me if interested)**. Volunteers are the secret sauce for a successful century and are the strength of our club, so keeping track of them and what jobs they are doing is quite important. The other key positions are on the century committee itself. I am working my way through last year's committee members to see if they would like to return. Once a team is in place, we can divide and conquer the "yearly tasks" as the calendar dictates.

I'm excited to take on this challenge and produce the best event the Club has done yet!

Seeking New Coordinator for *the Wheel* Newsletter

Hello! My name is Lauren Goebel and I have been the Newsletter Coordinator for *the Wheel* for the past 3 years. Now that I have taken on the role of Secretary for the RBC Board, I am looking for the next Newsletter Coordinator for the Club.

If you are curious and/or interested, please reach out to me directly via [email](#) or phone (if you have my number).

Welcome New Members!

Timothy B
Michael C
Sidney C
Jules D
Remi D
Niek D

Neilson D
Abigail J
Mark M
Robyne M
Michael O
Gary W

RBC Club Store - Socks

Celebrate RBC's 40th Century by purchasing SOCKS. Prices: \$7.50 for 1; \$15 for 2; \$30 for 4. Socks come with the same special delivery options as stickers & magnets.

Click on [here](#) to visit the RBC Store.

Free delivery within 10 miles of Reston or pickup at The Bike Lane or Green Lizard Cycling.

Club Events Calendar

The following rides will take place during the winter months, weather permitting. Be sure to register for rides you plan to join so can receive updates in case there are changes.

- Tuesday & Thursday - 5's at 5
- Wednesday - Ramble Rides (different location every week)
- Saturday - All Levels Group Rides from Art Space in Herndon - *Ride Leaders Needed!*
- Sunday - Tour Rides (different location every week)

If you don't see a ride you'd like to do, reach out to us and we'll support you in setting it up!

Click the "Events Calendar" link above or download the Wild Apricot For Members app (links below) for updated events listings. Login credentials for the app are the same as for the website.



Local-ish Events

We are happy to share local cycling and other interesting events in the DMV and surrounding area with our members. Send an [email](#) if you'd like to see your event listed here.

- Jan. 23 - Virtual visit 23 with "Major Taylor" author. Charles R. Smith Jr., author of the new children's book "Major Taylor: World Cycling Champion," will share his inspiration, enthusiasm, and love of language with readers of all ages. The [free Zoom session](#) is at 7 p.m. EST / 6 p.m. CST / 4 p.m. PST,

Also, check out [BikeReg's Mid-Atlantic listing of events](#) throughout the region.

Virginia Cycling Resources

Check out this link for [Cycling Virginia](#)! 2024 is the 6th year for this website and with over 70,000 unique visitors. It is your one stop resource for information on cycling in the Commonwealth of Virginia.

[Virginia is for Lovers](#)

[Bicycling in Virginia \(VDOT\)](#)

[Virginia Bicycling Federation](#)

[Fairfax Alliance for Better Bicycling](#)

Chain Links

- [RBC Board Members](#)
- [Check My Membership](#)
- [Ride with GPS](#)
- [Borrow a Travel Case](#)
- [Board Meeting Minutes](#)
- [Past Issue of the Wheel](#)
- [RBC Insurance Information](#)

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