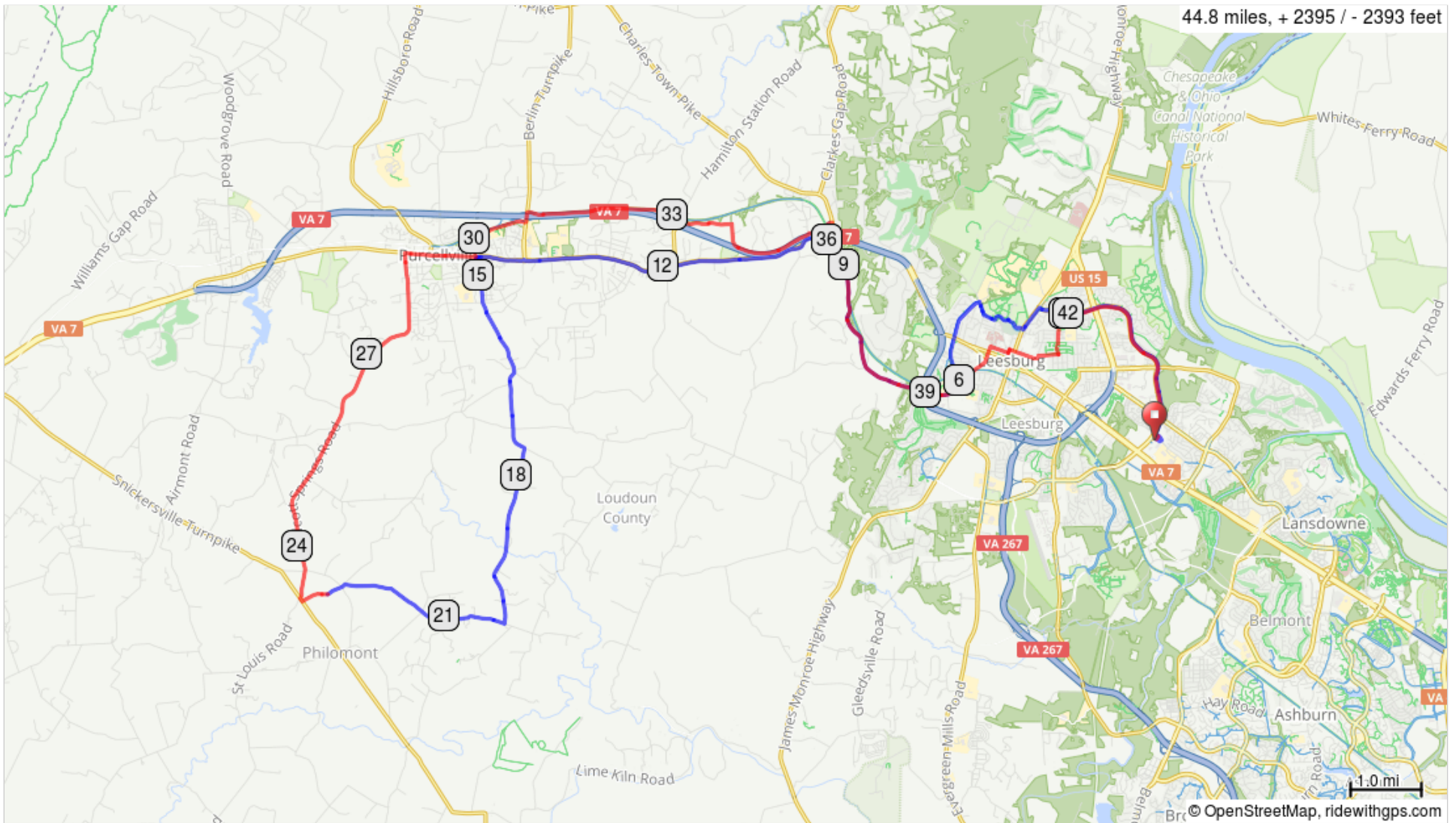


Potomac Stn (44.7)



44.8 miles, + 2395 / - 2393 feet



Potomac Stn (44.7)

0.0	Start of route
0.0	R toward Potomac Station Dr
0.1	L toward Potomac Station Dr
0.1	L onto Potomac Station Dr
0.2	R onto Battlefield Pkwy NE
3.4	L onto N King St
3.8	R onto Ida Lee Dr NW
4.1	L towards library parking lot
4.2	L toward Old Waterford Rd
4.2	R onto Old Waterford Rd
4.7	L onto Fairview St NW
5.3	Continue onto Catoctin Cir
6.0	R onto Dry Mill Rd SW
9.5	At the traffic circle, 3rd exit onto VA-7 BUS E
14.0	R onto E Main St

14.0 miles. +810/-627 feet

14.0	At the traffic circle, continue straight to stay on E Main St
14.7	REST STOP 7/11 on L.
14.7	Exit 7/11 onto S. Maple Ave
15.4	Continue onto State Rte 722/Lincoln Rd
17.6	Slight R to stay on Lincoln Rd
20.2	R onto N Fork Rd
22.6	L onto New Ford Rd
23.2	R onto Snickersville Turnpike
23.3	R onto Silcott Spring Rd.
28.8	R onto W Main St
29.8	L onto State Rte 722/N Maple Ave
29.8	REST STOP Exxon Station
30.3	Slight R onto Washington and Old Dominion Trail

16.3 miles. +886/-838 feet

33.1	R onto Hamilton Station Rd
33.1	L onto Irene Rd/State
33.9	R onto Meadowlark Rd
35.3	R onto Simpson Cir
35.7	R onto Charles Town Pike
35.8	At the traffic circle, continue straight to stay on VA-9 E
35.9	At the traffic circle, 2nd exit onto Dry Mill Rd.
40.0	Continue onto Ayr St SW
40.2	Ayr St SW turns R and becomes Cornwall St NW
40.5	L onto Wirt St NW
41.0	R onto North St NE
41.3	Exit the traffic circle onto Catoctin Cir NE

11.0 miles. +374/-487 feet

41.4	At the traffic circle, continue straight to stay on Catoctin Cir NE
41.9	R onto Battlefield Pkwy
44.7	L onto Potomac Station Dr
44.8	End of route

3.6 miles. +206/-223 feet