



the Wheel

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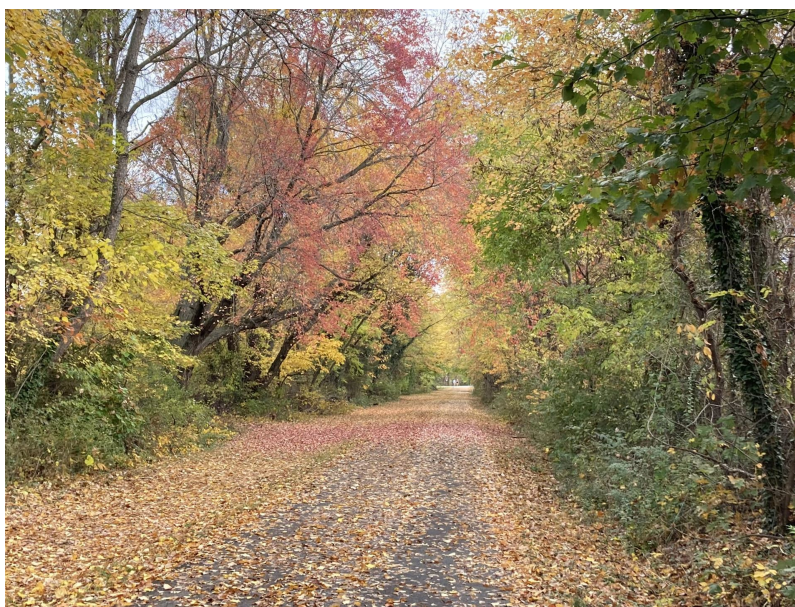


Photo Credit: Paul Wiest

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2023 Board Election Results

Thanks to all who took the time to vote for your new 2023 RBC Board:

- Chairman - Chris Griffin
- Vice Chairman - Beth Donahue
- Secretary - Bruce Peltzer
- Treasurer - Laura Robinson
- Member at Large - Kevin Geraghty
- Member at Large - Jake Welch
- Boo Julie Boo Glowacki (returning member)
- Kelley Westenhoff (returning member)

Thank you SO much to outgoing board members who kept us together through the pandemic!

- Chairman - Kathryn Troutman
- Vice Chairman - James G. Stroud
- Secretary - James T Ruffin
- Member at Large - Erica Staaterman

Meet the New Board Members

We asked the newly-elected board members to introduce themselves. Here's what they have to say:



Chairman - Christopher Griffin

Hello RBC members - I am honored to serve as your Board President for 2023. I am excited to work with the Club members to build community around our shared love of the sport. By way of introduction, I am a Northern Virginia native, raised in Vienna. I was active in the Mid Atlantic racing scene as a Junior and later as a Cat III with Whole Wheel Velo club - I am happy to share stories of the Ashburn road race series, Rt. 606 TTs, and the National Capital Open. After college, life took me in other directions, and I gave up cycling. However, about eight years ago, under encouragement from my wife, I re-joined the sport when we returned to Reston and settled down after moving around the world. I am passionate about cycling and seek to grow the Club and our sport in the community. I am also a frequent bike commuter and determined to reclaim my local legend before the end of the year. I welcome hearing from the membership, ideally on a ride, or at rbc_chris@icloud.com.



Vice Chairman - Beth Donahue

Though relatively new to RBC, Beth has enjoyed participating in Monday night rides and volunteering at the Century ride (she was the one in the pink cape at the end of the 2021 ride). Beth lives in Alexandria with two other avid cyclists and two lazy Beagles. She's looking forward to meeting more RBC members and celebrating the club's 40th!

[editor's note] Click [here](#) to see Beth in action at the finish of the 2021 Century Ride.



Secretary - Bruce Peltzer

Bruce joined the club in 2015 and got his first road bike soon thereafter. Whatever he knows about group riding came from this club, and he hopes to see more members take on the ride leader mantle so that we can continue to expand the range (by speed, distance and geography) of safe club rides.



Member-At-Large - Kevin Geragthy

Kevin joined RBC in 2016 and is a daily commuter on the W&OD. Reston Bike Club has been a great source of knowledge and motivation, so he felt it was time to give back. Also, his three sons are away at college, so he felt it was a good opportunity to get involved - before they boomerang back home.

Ride For Your Life

A ride to Congress in memory of Sarah (Debbink) Langenkamp

On 19 November, cyclists from around the region and across the country will be gathering in memory of Sarah Langenkamp, who was tragically killed early this year on River Road in Maryland. Sarah was a mother and Foreign Service officer who willingly accepted risks serving the country overseas, only to succumb to a distracted truck driver after dropping her son off at school. Federal statistics [show](#) the number of cycling deaths in the US rose 44% from 2010 - 2022 . Every RBC member knows the risks of the sport we love, and this is an opportunity to add to voices asking for a change in policy to save lives. In the event you are not able to attend, please seek opportunities to speak to your local, State, and Federal representatives about the need to improve safety for all road users.

Click [here](#) to learn more about the event and check out the RBC Members Only group page for possible group meetups.

Welcome New Members!

JULY:

Helen A
 Catherine A
 Patrick B
 Chad B
 Shawn C
 Kelly C
 Simkins C
 Ed C
 Patricia C
 David C
 Mather D
 Peter E
 Scott E
 Brian E
 Mark F
 Joshua F
 Rhonda F
 Jeremy G
 Nicole G
 Rukhsar H
 Kaitlin H
 Scott H
 Huy H
 William H
 Jean J
 Shawn K
 Taralyn K
 Jonathan L
 Clarence L
 Herman I
 Ian M
 Anne M
 Sean M
 Joe M
 John M
 Christoph M
 Jason M
 Arnold N
 Joseph N

VINCENT O
 Adam O
 Grainne O
 Luis O
 John P
 Natalia P
 Kamran R
 Philip R
 Melissa R
 Barbara R
 Brenda S
 Steve S
 Casimir S
 Anatoliy T
 Kevin W
 Tommy Y
 Cook Z
 Jonathan Z

Ahmed L
 Philip Joseph M
 Ravindra M
 Aldo M
 Alison M
 Zoe M
 Sovek N
 Matthew p
 Andres P
 Claire P
 Grant P
 Marcia P
 Beth R
 Jeffrey R
 Alexie R
 Billingsley R
 Kevin R
 Michael S
 James S
 Robin W

AUGUST:

Mahmoud A
 Grace A
 Alex B
 Jae C
 Cooper C
 Donna D
 David D
 Boomer D
 Marl F
 Rebecca F
 Cedric G
 Leah G
 Sergey G
 Beatrix H
 Shaun J
 Brent K
 John K
 Chris L

SEPTEMBER:

Yahya B
 Laura C
 Jonathan F
 Lara F
 Trisha G
 Matt M
 Melanie M
 Nicole P
 Mikhail R
 Vivian R
 John S

OCTOBER:

Bill B
 Mark C
 Demian H
 Barry N
 Timothy R
 Peter S
 Peggie T

The Club Store is Open!

STICKERS AND MAGNETS

Show off your RBC pride by purchasing a sticker and/or magnet. Add to your beer fridge magnet collection. Adorn your car-mounted bike rack with a sticker. There are so many uses for RBC stickers and magnets that we just can't list them all!

Click on the RBC logo below to visit the RBC Store.

Stickers are \$2 each

Magnets are \$3 each

Order together and save!

Free delivery within 10 miles of Reston.



Events Calendar

We are into the winter riding season, so weekly rides are less regular. Be sure to check the schedule each week as new rides may be added depending on riding conditions.

If you don't see a ride you'd like to do, reach out to us and we'll support you in setting it up!

Click the "Events Calendar" link above or download the Wild Apricot For Members app (links below) for updated events listings.



Let's Ride and Do Other Things!

If you know of an event that we should share with the RBC community, please send an [email](#)!

Also, check out [BikeReg's Mid-Atlantic listing of events](#) throughout the region.

Virginia Cycling Resources

Check out this link for [Cycling Virginia](#)! 2022 is the 4th year for this website and with over 60,000 unique visitors last year, it is your one stop resource for information on cycling in the Commonwealth of Virginia.

[Virginia is for Lovers](#)

[Bicycling in Virginia \(VDOT\)](#)

[Virginia Bicycling Federation](#)

[Fairfax Alliance for Better Bicycling](#)

RBC Online

Did you know RBC has TWO Facebook presences? One is for the whole world to view and comment on (our official page). The other is for Members Only and it's where people post impromptu rides, #rbcphotochallenge posts, trading/selling gear and other fun stuff.

[Public RBC page](#)

[RBC Members Only Group page](#)

If you are on Facebook, a current (dues paid up) member, and interested in what's going on in the heart of the club, you should be part of the Members Only group. Just put in a request, we'll do a quick check for dues status, and let you in!

RBC Chain Links

[**Board Members**](#)

[**Check My Membership**](#)

[**Ride with GPS**](#)

[**Borrow a Travel Case**](#)

[**Board Minutes**](#)

[**Past issues of *the Wheel***](#)

[**RBC Insurance Information**](#)

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[Unsubscribe](#)